



SALT LAKE COUNTY

DIVISION OF YOUTH SERVICES

...making a positive difference in the lives of children, youth and families.

**SALT LAKE
COUNTY**

PAT S. BERCKMAN, L.C.S.W., DIRECTOR
ROGER D. GISSEMAN, PH.D., ASSOC. DIRECTOR

SUBSTANCE ABUSE PREVENTION PROGRAMS

Substance Abuse Prevention Programs target teen substance use and other adolescent problem behaviors such as delinquency, teen pregnancy, dropping out of school, and violence. Three prevention programs are offered at Youth Services provide information and skills needed to make healthy life choices:

- Parenting Classes
- Violence prevention and anger management classes for teens
- Programs for court-ordered teens and parents

SUBSTANCE ABUSE TREATMENT PROGRAMS

- **Outpatient Treatment:** Designed for teens that have a history of regular alcohol or substance use but the amount and duration of use are limited. Teens attend once-a-week individual and/or family counseling and support group.
- **Intensive Outpatient Treatment:** Designed for teens who have significant substance use in terms of amount and duration. Teens attend once-a-week individual/family counseling, weekly support group, weekly educational group and case management to help address school, home and court issues.
- **Social Detoxification:** Designed for teens with moderate withdrawal symptoms and in need of 24 hour support to halt substance use, stabilize and increase likelihood of entering a treatment program. Eligible teens must have abused substances within the previous 24-48 hours and have a willingness to reside in the program for 2-7 days.

Salt Lake County Division of Youth Services

Main Campus

177 West Price Ave.

SLC UT 84115

Phone: 801-269-7506

Fax: 801 269-7550